



I am kind and caring.
I am unique and special.
I am a great friend.
I believe in myself.

**I can do anything I set my
mind to.**

I am smart and capable.

I am brave and strong.

**I am loved by my family
and friends.**

A decorative border on the right side of the page, consisting of a vertical dashed line with small grey dots. At the top, it curves left and then down, featuring three flowers: a purple one, a light blue one, and an orange one. Further down, it features a green flower and a pink flower.

**I am kind to the Earth and
its creatures.**

**I am full of love for my
friends.**

**I am grateful for the
opportunities in my life.**

**I am confident in making
friends.**

A decorative border on the left side of the page, consisting of a vertical dashed line with small grey dots. At the bottom, it curves right and then up, featuring three flowers: a pink one, a light blue one, and a purple one. Further up, it features a green flower and a pink flower.

**I am full of determination
to succeed.**

**I am responsible for my
words and actions.**



**I am kind to all creatures,
no matter how small.**

**I am full of courage to
speak up for justice.**

**I am grateful for the
warmth of the sun.**

**I am confident in my ability
to be compassionate.**

**I am responsible for
showing respect to my
environment.**



**I am full of positive energy
to share with my family.**

**I am kind to the creatures
of the rainforest, valuing
their existence.**

**I am full of happiness and
positivity in my words.**

**I am excited about sharing
kindness with the world.**

**I am grateful for the
comfort of my home.**

**am confident in my ability
to overcome obstacles.**

**I am responsible for taking
care of my health and well-
being.**